

**From Feb 23 - Feb 27**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Bread Basket</b>				
Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread	Arabic Brown Bread
White Buns Sesame	Focaccia Rosemary Buns	Whole Wheat Spring Onion Buns	Focaccia Sundried Tomato & Oregano Buns	Whole Wheat Oats Buns
<b>Appetizers</b>				
Hummus	Hummus	Hummus	Hummus	Hummus
Moutabal	Yoghurt Tomato Basil	Coriander & Garlicky Potato	Tomato Salsa	Baba Ghanouj
<b>Bar Salad (Make Your Own)</b>				
Romain Lettuce	Iceberg Lettuce	Cabbage White	Lolo Rossa Leaves	Romain Lettuce
Green Beans	Roasted Diced Marrow	Green Capsicum	Sweet Corn	Green Beans
Tomato	Tomato	Tomato	Tomato	Tomato
Cucumber	Cucumber	Cucumber	Cucumber	Cucumber
Olives Slices	Olives Slices	Olives Slices	Olives Slices	Olives Slices
Carrot Shredded	Green Capsicum	Sweet Corn	Broccoli	Roasted Pumpkin
<b>Proteins: Meat, Cheese &amp; Legume (Bar Salad)</b>				
Boiled Egg	Chicken Diced	Chickpeas	Tuna	Feta Cheese
<b>Dressing</b>				
Vinegar Dressing	Vinegar Dressing	Vinegar Dressing	Vinegar Dressing	Vinegar Dressing
Asian Dressing	Tahina Dressing	Curry Yoghurt Dressing	Sour Cream	Italian Dressing
<b>Mixed Salad</b>				
French Lentil Salad	Greek Salad	Tuna & Corn Salad	Mexican Salad	Fattoush

Soup				
Roasted Vegetables Soup	Broccoli Soup	Beans Soup	Lentil Soup	Potato Soup
Vegetarian Meal				
Mosakkaa	Spinach Stew	Dal	Mixed Beans Stew	Chickpeas Salona
Main Course 1				
Baked Chicken Bites	Keema Matar	Pesto Creamy Chicken	Herbed Chicken Balls Tomato Stew	Chicken Biryani & Raita
Main Course 2				
Baked Fish Finger & Ketchup	Mandi Chicken	Herbed Salmon	Spaghetti Beef Bolognaise	Beef Kofta
Starch Or Side				
Roasted Potato	Steamed Rice	Mashed Potato	Steamed Rice	Bourghul Tomato
Steamed Rice	Mashed Potato	Steamed Rice	Roasted Potato	Mashed Potato
Fruits				
Water Melon	Sweet Melon	Water Melon	Sweet Melon	Water Melon
Red Grapes	Orange	Pineapple	Apple	Red Grapes